GULF POINTE VILLAGE



National Nurses Week is a time to celebrate the incredible impact of nurses and honor the "Mother of Nursing," Florence Nightingale. The week begins on May 6 and concludes on May 12, her birthday.

The 2025 theme, The Power of Nurses, highlights their invaluable contributions and the profound difference they make every day. Nurses provide more than care and medical services—they



bring comfort, security, companionship, and joy to residents and their families. Their dedication enhances lives in countless meaningful ways.

In senior living communities, nurses are the heart of compassionate care. Their skill, kindness, and unwavering commitment create an environment where residents feel safe, supported, and valued. The power of nurses is seen in every comforting word, every healing touch,

and every moment they spend ensuring the wellbeing of those they serve.

This week, take a moment to show appreciation for the nurses who make a difference. A heartfelt thank-you, a small gift, or a thoughtful gesture can mean so much.

From all of us, we honor and celebrate the remarkable nurses who work tirelessly to help, heal, and uplift others. Your dedication is truly inspiring. Thank you!



HAPPY BIRTHDAY

RESIDENTS

Robert M. 5/05

Josephine O. 5/23

STAFF

Mark 5/19

Tawny 5/24

Janie 5/28

Diane 5/31

Q: "Hey did y'all hear about the new Corduroy pillows?"

A: "They're making head lines everywhere"

SPECIAL THANKS!

We would like to say Thank you to Mr. Brent and his family who came in April and lead a very nice church service for our residents. Brent also lead a small bible study for all the residents every Friday morning in our dining room.

May Special Events

5/5 Cinco de Mayo

5/9 Mother's Day Lunch

5/11 Mothers' Day

5/14 Residents Drive-in Movie Birthday



ACTIVITY HIGHLIGHTS!



Out to lunch



Bettie & Modena



Easter craft day



Ruth and Barbara



Esmer and Lois enjoying an afternoon Out at Lunch



James and Mary Jane lunch at Jaliscos



Church group



Church



Residents enjoying our musical visitors



HEAT AWARENESS REMINDERS

National Heat Awareness Day is observed annually on the third Friday in May, which is just about when the weather begins to get warm and people start to plan and attend outdoor events. To protect yourself from the heat, try these tips:

Try to avoid direct sunlight.
The body regulates heat
through sweating. If exposed
to excessive heat, the
body cannot regulate its
temperature effectively.

- Stay hydrated. Be sure to drink water throughout the day to help regulate your temperature.
- Replenish electrolytes.

Electrolytes help the body regulate muscle function and energy. These minerals can be found in sports drinks.

- Wear sunscreen, sunglasses, and wide-brim hats to protect your face and eye from damaging UV rays.
- Wear light-colored clothes. Light colors reflect sunlight away while dark clothes absorb sunlight.
- Never leave children, pets, or people in a parked car for any length of time (even in low to mild heat) to prevent hyperthermia, the overheating of body, which can be fatal.

Source: weather.gov

Exercise Classes!!!

I still have some seats empty in my morning exercise class. No need to look for a sign up sheet on my office door. Just come on down. Every morning at 9:30 am. Hope to see you there.

FEATURED RESIDENT OF THE MONTH

Bill S. Our featured resident of the month is Bill S. I'm sure that everyone is familiar with who Bill is. He is very active in all our activities. At the weekend you can find him calling a game of Bingo or even doing exercises with everyone in the mornings. He's also been spotted to be very kind and helpful to residents. So, make sure you say hey to him if you see him around the village.



Bill and Toby

WELCOME NEW RESIDENTS

I would like to give a shout out to our newest residents. Celina and Loree. If you have not had a chance to introduce yourself, please make sure you do so. Also, we would like to give a friendly "Welcome Back!" To Ms. Jeannie. She's a strong woman who has regained her strength. So, if you happen to see her let her know we're all happy to have her back.



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ADMINISTRATIVE STAFF

ADMINISTRATOR

Pam Wilcox

DIRECTOR OF NURSING

Linda Russell

ACTIVITIES

Tawny Meacham

DIETARY MANAGER

Mark Solis

MAINTENANCE

Curtis McGehee

CARE ATTENDANTS

Pat Torres Janie Kaczmarek

Jame Naczmarek

Leticia Rivero

Crystal Wilcox

Nancy Breaux

Diane Pareda

Mary Baizabal

Heather Konoval

Christina Brookman



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

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	W	С	C	K	K	Р		Ρ	В	U	K	Ρ	D	G
	Α	Ε		K	C	Ν	Υ	M	\bigvee	Р	G	F	Ν	F
V	F	Р	U	Ν	Н	Ε	Υ	W	Н	Τ	Р	L	Κ	F
S	Ε	J	Ε	Κ	С	Ε	L	С	W	F	U	0	Ζ	В
D	Τ	R	M	S	W	0	Α	Ε	Χ	D	Κ	W	Κ	R
R	Α	R	W	С	Τ	В	J	Τ	В	Υ	Α	Ε	Υ	Н
С	Η	Τ	0	Р	Τ	R		Н	S	R	G	R	Τ	0
L	Ν	Ζ	Υ	K	J	Κ	Υ	L	F	В	Α	S		Ν
С	Р	S	\vee		Ε	Ε	Ζ	\bigvee	С	Τ	F	Τ	K	0
S	W	0	M	Ε	Ν	В	R	Ε	M	Ε	M	В	Ε	R
Т	F	Τ	Υ	M	0	Τ	Н	Ε	R	S	M	С	Υ	U
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S	Υ	F	R	Р	R	Ε	S	S	U	R	Ε	W	Q	0
Χ	G	U	Ζ	С	0	Ν	Ν	Ε	С	Τ	С	D	Ν	\bigvee
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WORD LIST

CARE
CELEBRATE
CINCO
CONNECT
FLOWERS
HEAT
HONOR
MOTHERS
NURSES
PRESSURE
REMEMBER
STROKE
TAPESTRY
WEAVE
WOMEN