

# GULF POINTE VILLAGE



## Superpowers, Strength, and Everyday Heroes

Every year on April 28, we celebrate National Superhero Day, a time to honor both the fictional heroes who inspire us and the real-life heroes who make a difference in our world. **First recognized in 1955, this day serves as a powerful reminder that courage, strength, and selflessness are qualities we all admire**, whether they exist in comic books or in everyday life.

Superheroes first soared into popularity in the 1930s and 40s, with iconic characters like Superman, Batman, Wonder Woman, and Captain America making their debut. With extraordinary abilities—flying, super strength,

invisibility, and mind-reading—these heroes became symbols of hope and justice.

While we celebrate these fictional icons, **let's also take a moment to honor the everyday heroes among us, including nurses, EMS, firefighters, police officers, and first responders.** They may not wear capes, but their superhuman strength and resilience are on display every day. Whether they're saving lives, protecting our communities, or providing care in moments of crisis, they embody the same values of courage, sacrifice, and selflessness that we admire in our favorite superheroes.

**If you could have any superpower, what would it be?**

The ability to heal? To fly? To be invisible? Or perhaps the strength to lift entire buildings with ease? While most of us won't develop superhuman abilities, we all possess unique strengths that have the power to create change.

There is a bit of a superhero in all of us. We may not wear capes or leap tall buildings, but through acts of kindness, resilience, and perseverance, we can make a lasting impact.

**This National Superhero Day, take a moment to celebrate the heroes—both fictional and real—who inspire us to be braver, kinder, and stronger. And remember, the world could always use another hero.**

**Maybe that hero is YOU!**

# A SPECIAL BIRTHDAY

On Monday, February 23rd, we celebrated a very special birthday for our resident, Modena D. Modena turned 105 and still looks fabulous!

We were even able to keep the party a secret, which made the celebration that much more fun. When Modena walked in and saw everyone gathered for her, she was completely surprised.


Friends and family came to help celebrate this incredible milestone. The afternoon was filled


with music from a lively bluegrass band, a touching "This Is Your Life" presentation by the Sandy Toes Home School Co-op, and plenty of laughter and memories shared.


Of course, no birthday celebration would be complete without cake, and there was plenty to go around. It was a wonderful day honoring a truly special woman, and we were so happy to celebrate Modena and her remarkable 105 years.




## SPECIAL EVENTS


04/06 Ice Cream Social with Harbor Hospice @ 3:00 


04/06 Resident's Council Meeting @ 3:30p 

04/19 Activities with RFHS Hope Squad @ 2:00p 

04/20 Hope Church: Games and Activities @ 2:00p 

4/22 Resident's Birthday Celebration @ 2:30p 

04/27 Arts & Crafts with Tiffany from Harbor Hospice @ 2:30p 

04/28 Resident's Out to Lunch @ 11:00a 

## Happy Retirement

On Friday, February 27, we gathered to celebrate the retirement of our Director of Nursing, Linda Russell. Family, friends, co-workers, and residents came together to wish Linda well and share many stories about their experiences with her during her 21½ years with us. It was a special time to reflect on the dedication, compassion, and leadership she brought to our community, and to thank her for the lasting impact she has made.



# PHOTO HIGHLIGHTS



**HAPPY BIRTHDAY**

**RESIDENT**

Judy C

04/17

**EMPLOYEE OF  
THE MONTH**

Diane P

**RESIDENT OF  
THE MONTH**

Gene D

**WELCOME  
NEW RESIDENTS**

Iva H

**EMPLOYEE OF  
THE YEAR**

Nancy B

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## ADMINISTRATIVE STAFF

### ADMINISTRATOR

Pam Wilcox

### DIRECTOR OF NURSING

Linda Russell

### ACTIVITY DIRECTOR

Shannon Carney

### DIETARY MANAGER

Mark Solis

### MAINTENANCE

Steve Rightmire

### CARE ATTENDANTS

Janie Kaczmarek  
Leticia Rivero  
Crystal Wilcox  
Nancy Breaux  
Diane Pareda  
Mary Baizabal  
Courtenay Bowman  
Belinda Helm



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



### WORD LIST

ART  
CREATE  
EARTH  
ENERGY  
EVERYDAY  
GREEN  
HERO  
LAUGH  
PHOTO  
POWER  
REDUCE  
STORIES  
SUPER  
THERAPY  
VOLUNTEER